



GARDEN *of* AYDEN

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INSTRUCTIONS: Go to the following websites and do these free tests, download the results, save them, write them into this page, read them, understand them and understand more about you. Ask those closest to you to do these tests too. Understand how you are similar and how you are different. Allow the similarities to reinforce each other and allow the differences for you to compliment each other. This is your close look in the mirror to understand you and those that surround you.

16 Personalities Test

1. Go to the website: [16Personalities] (<https://www.16personalities.com/>)
2. Take the free personality test.
3. Download and save your results.
4. Write your results on this page, including your personality type (e.g., INFJ, ENTP).
5. Read and understand your results to gain insights into your personality traits, strengths, and weaknesses.
6. Encourage those closest to you (family, friends, etc.) to take the test as well.
7. Compare and discuss similarities and differences in personality types to enhance understanding and improve relationships

5 Love Languages Test

1. Go to the website: [5 Love Languages] (<https://www.5lovelanguages.com/>)
2. Take the free love languages test.
3. Download and save your results.
4. Write your results on this page, listing your primary love language (e.g., Words of Affirmation, Acts of Service).
5. Read and understand your results to learn how you prefer to receive love and express love to others.
6. Invite those closest to you to take the test to understand their love languages.
7. Discuss how knowing each other's love languages can strengthen relationships and foster better communication.

5 Gene Keys Test

1. Go to the website: [Gene Keys] (<https://genekeys.com/free-profile/>)
2. Complete the free profile questionnaire.
3. Download and save your profile results.
4. Write your results on this page, mentioning your Gene Key profile and any insights gained.
5. Read and understand your Gene Keys profile to explore your unique potentials and life path.
6. Encourage those closest to you to take the test to explore their own Gene Keys profiles.
7. Discuss similarities and differences in profiles to deepen understanding and support personal growth journeys.

Note: These tests provide frameworks for understanding various aspects of your personality, communication styles, and potential life paths. Use the results to foster better self-awareness, empathy towards others, and improved relationships.